



## ATHLETICS ACT SUMMER SERIES AIS ATHLETICS TRACK FRIDAY 17th MARCH 2023 - EVENT ENTRY FORM

Track Events   Field Events   Season Best   Performance   Start Time   Start Time   Take Off   Board   Start Time   Star	First Name:		Surname:	Sex (M or F):
Season Best Performance   Start Time   Take Off Board   Start Time	Regn No:		Club:	DOB:
Season Best Performance   Start Time   Sta	WD Classification:	Track -	Т	Field - F
Start Time   Board   Board   Boopp	Track Eve	ents		Field Events
3000 Metre Walk 6:00pm 7:10pm 1500 Metre Run 6:35pm 100 Metre Hurdles 100 Metre Run 100 Metres 100 Metre 1			Start Time	Start Lin
his form is to be completed and handed in to the Administration area in the Commonwealth Room at least 30 minutes before the first event being entered by the athlete unless otherwise stated in the Program of Events. The on-day entry	3000 Metre Walk 5000 Metre Walk 1500 Metre Run 110 Metre Hurdles 100 Metre Hurdles 90 Metre Hurdles 80 Metre Hurdles 100 Metres 100 Metres 3000 Metre Run 5000 Metre Run 200 Metres 400 Metres	Height Height Height	6:00pm 6:00pm 6:35pm 6:55pm 6:55pm 6:55pm 6:55pm 7:10pm 7:30pm 8:00pm 8:00pm 8:20pm 8:50pm	Discus Weight 6:00pn Triple Jump (All Boards) 7:00pn High Jump (1.50m start) 7:15pn Hammer Weight 7:15pn
	efore the first event bei	ng entered by the a	to the Administrat thlete unless othe	ion area in the Commonwealth Room at least 30 minutes erwise stated in the Program of Events. The on-day entry