



# SheSails Training Regatta

7 & 8 August 2021

## NOTICE OF RACE

*Organised by*

**Royal Prince Alfred Yacht Club**

16 Mitala Street, Newport NSW 2106

EVENT WEBSITE: [rpayc.com.au/courses/shesails-womens-sailing/](https://rpayc.com.au/courses/shesails-womens-sailing/)



# 2021 RPAYC SheSails Training Regatta

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### 1 RULES

- 1.1 The Organising Authority (OA) is the Royal Prince Alfred Yacht Club (RPAYC).
- 1.2 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS) of World Sailing, the Special Regulations, Prescriptions and Appendices of Australian Sailing, the Notice of Race and Sailing Instructions.

### 2 ELIGIBILITY AND ENTRY

- 2.1 The RPAYC SheSails Training Regatta is open to female RPAYC members, and current and past participants of RPAYC Discover Sailing courses. RPAYC courses include the 4-week Start Crewing, Start Helming and Start Skippering courses. Following this, any other participants will be invited to enter.
- 2.2 Participants shall submit an individual entry, and choose to either form their own team with other participants, or be allocated to a team based on experience. A maximum of 8 teams will be formed. Each boat will have 4 or 5 participants onboard.
- 2.3 Each participant must pay the \$100.00 registration fee to secure their position in the event. The registration fee includes use of the RPAYC Elliott 7's, coaching and training sessions over the two days, and use of RPAYC training equipment.
- 2.4 Registration must be completed via the web page:  
<https://rpayc.com.au/courses/shesails-womens-sailing/>
- 2.5 Registrations are limited to 40 participants. Should there be no spaces available, a waiting list will be offered. Registrations will close on Wednesday 4 August 2021.
- 2.6 Withdrawal of Entry:  
If an entry is withdrawn more than 14 days prior to the event, a 100% refund (less any transaction fees) will be given. If an entry is withdrawn more than 7 and less than 14 days prior to the event, a 50% refund (less any transaction fees) will be given. There will be no refund for withdrawing an entry less than 7 days prior to the event.

### 3 SCHEDULE & EVENT FORMAT

Date	Schedule	Event
<b>Saturday 7 August 2021</b> <i>On shore and on water Training Sessions</i>	0930 hrs 1030 hrs 1115 hrs 1145 hrs 1400 hrs 1430 hrs 1530 hrs	Welcome & Introduction to SheSails at RPAYC On shore Spinnaker Training Allocation of teams and rig Elliott 7's Leave dock and commence on water training Return to dock & pickup Debrief & Theory Session End of Day 1
<b>Sunday 8 August 2021</b> <i>Racing</i>	0930 hrs 1000 hrs 1030 hrs 1130 hrs 1430 hrs 1530 hrs	Welcome & racing briefing Rig Elliott 7's Leave dock & practice session First Warning Signal. Up to 6 windward/leeward races Return to dock & pickup Debrief & Presentation



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- 3.1 Saturday 7 August 2021 will consist of on shore activities and on water training sessions to further develop skills of participants. RPAYC coaches and mentors will be onboard the Elliott 7s to assist participants on the water. A short racing series will take place on Sunday 8 August 2021. Teams may choose to have an RPAYC coach onboard for racing.
- 3.2 Races on Sunday 8 August will be started subsequently.
- 3.3 No warning signal will be made after 1415 hrs on Sunday 8 August 2021.

#### **4 BOATS AND SAILS**

- 4.1 The event will be sailed in Elliott 7's provided by the Organising Authority. Boats will be allocated by a draw at each day's morning briefing.
- 4.2 The following sails will be provided for each boat: mainsail, jib and asymmetrical spinnaker.

#### **5 ADVERTISING**

- 5.1 Each boat may be required to display event advertising as provided by the Organising Authority.
- 5.2 No external advertising is allowed onboard boats allocated by the Organising Authority.
- 5.3 The Organising Authority reserves the right to require participants to remove advertising displayed by competitors on clothing, equipment and boats, to anywhere within the boundary of the series venue, which may be in contravention of moral decency or government regulation.

#### **6 COURSE**

- 6.1 The courses will be windward/leeward as described in the sailing instructions.
- 6.2 The race area will be in the waters of Pittwater to the south-east, or north-east, of Scotland Island.

#### **7 SAILING INSTRUCTIONS**

- 7.1 The sailing instructions will be available from Friday 6 August 2021 on the [event webpage](#).

#### **8 SCORING**

- 8.1 A maximum of six (races) will be conducted.
- 8.2 Two (2) races shall constitute a series.
- 8.3 Each boat shall discard its worst score of the series.
- 8.4 When four (4) or less races are conducted, all races shall count.

#### **9 PRIZES**

- 9.1 Prizes may be awarded at the discretion of the Organising Authority.



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#### **10 MEDIA, IMAGES & SOUND**

- 10.1 By entering this regatta, participants grant at no cost the absolute right and permission to use their names, voices, images, likenesses, and biographical material, as well as representations of their boat in any media (including television, print and internet), to the Organising Authority.

#### **11 DISCLAIMER OF LIABILITY**

- 11.1 All those participating in the event do so at their own risk and responsibility. Competitors must acknowledge this prior to competing and release the Organising Authority and its sponsors and their respective officers, employees, volunteers and members from all liability by signing a form provided by the Organising Authority.
- 11.2 Specific attention is drawn to RRS Fundamental Rule 3, which states:  
***"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."***

#### **12 FURTHER INFORMATION**

For further information please contact the Royal Prince Alfred Yacht Club Sailing Office:

Phone: 02 9998 3700

Email: [sailtraining@rpayc.com.au](mailto:sailtraining@rpayc.com.au)

Web: <https://rpayc.com.au/courses/shesails-womens-sailing/>