



**ROYAL SYDNEY YACHT SQUADRON
YOUTH SUMMER CAMP 2019
18-23 January**

NOTICE OF CAMP

Camp Venue

**Point Wolstoncroft Sport and Recreation Centre
Kanangra Drive, Gwandalan, NSW 2259
P: 02 4976 1666**

Organising Authority

**Royal Sydney Yacht Squadron – Youth Sailing Committee
33 Peel Street, Kirribilli, NSW 2061
P: 02 9017 0153
www.rsys.com.au**

Royal Sydney Yacht Squadron Youth Summer Camp 2017

NOTICE OF CAMP

INTRODUCTION

The Royal Sydney Yacht Squadron (RSYS) and the RSYS Youth Sailing Committee, as the Organising Authority, invites eligible **RSYS Members** to participate in the RSYS Youth Summer Camp 2019.

1.0 RULES

1.2 Organising Authority

The RSYS Youth Sailing Committee will be the Organising Authority for the RSYS Youth Summer Camp 2019. The RSYS Youth Sailing Committee, as aided by the RSYS Sailing Office, will supervise all rules, accommodation, meals and activities at the camp.

- 1.2 The RSYS Youth Summer Camp 2019 will be governed by the current versions of;
- the *rules* as defined in the Racing Rules of Sailing 2017-2020 (RRS), of the International Sailing Federation,
 - the Rules (RRS) Prescriptions of Australian Sailing Ltd. (AS),
 - the Special Regulations (Part 2) of Australian Sailing Ltd.,
 - the Class Rules of any One Design Class or Class Association, where applicable,
 - the RSYS Terms and Conditions of Entry

1.3 Amendments to the Notice of Camp

The Organising Authority reserves the right to amend the Notice of Camp. Amendments will be published on the RSYS website and may also be emailed to all participants.

2.0 VENUE & DATES

2.1 The venue for the RSYS Youth Summer Camp 2019 will be;

Point Wolstoncroft Sport and Recreation Centre, Kanangra Drive, Gwandalan, NSW 2259.

2.2 The arrival date at camp will be: **1400hrs on Friday January 18, 2019,**

The departure date from camp will be: **1400hrs on Wednesday January 23, 2019.**

3.0 ELIGIBILITY REQUIREMENTS

3.1 The RSYS Youth Summer Camp is open to all that meet the specific participant and boat eligibility requirements. The Youth Sailing Committee may, at its discretion, vary these eligibility requirements if it deems that the entry of a participant or boat at the camp has the potential to advance the quality of training at the camp.

3.2 Participant Requirements

- a participant shall be a financial member of the Royal Sydney Yacht Squadron,
- a participant shall be registered and participating in the Youth Squads Program 2016 (Term 4),
- a participant shall have spent time away from home at another 'sleep-away' camp prior to attending (ie Scout Camp / Band Camp etc.)
- a participant shall be over the age of 10yrs as at **31st December 2018,**
- a participant shall be under the age of 18yrs as at **31st January 2019.**

3.3 Boat Requirements

- a boat shall comply with the current Class Rules of her Class Association,
- a boat shall comply with the current Special Regulations (Part 2) of Australian Sailing Ltd.,
- a boat shall be insured with valid third-party liability insurance, with a minimum cover of not less than AUD \$5,000,000 (recommended AUD \$10,000,000).

4.0 CLASSES & SQUADS

4.1 The RSYS Youth Summer Camp 2019 is open to participants with boats of the following invited Classes;

TYPE	CLASS	SQUAD	PROGRAM
Single Handed	International Laser	Radial	Squad Training and Activities
Single Handed	International Laser	4.7	Squad Training and Activities
Single Handed	International Optimist	Open Fleet	Squad Training and Activities
Single Handed	International Optimist	Green Fleet	Squad Training and Activities
Single Handed	International Bic Techno	Windsurfer	Squad Training and Activities
Double Handed	Puffin Pacer	Pacer	Squad Training and Activities

4.2 The Organising Authority, at its discretion, may add, alter, amalgamate or divide any Class as required.

5.0 ACCOMMODATION & BEDDING

5.1 Accommodation will be in 'self-contained' holiday cabins, consisting of a bunk room (3 bunks), a second bedroom (1 queen bed), full kitchen, lounge and bathroom with shower.

5.2 All participants will be provided with five (5) nights' accommodation in a bunk room with other participants. Please note, in each cabin, a Camp supervisor will occupy the second bedroom.

5.3 All participants will be supplied with a mattress and pillow. All other bedding (ie, mattress protector, Sheets/pillow slips, blankets, donnas or sleeping bags) are to be packed and brought to camp by each participant.

6.0 MEALS & DIETARY

6.1 The following meals will be provided at camp;

5 x Dinners: 18, 19, 20, 21 and 22 January

5 x Breakfasts: 19, 20, 21, 22, and 23 January

5 x Lunches: 19, 20, 21, 22, and 23 January

Additional snacks (morning/afternoon tea) may also be provided.

6.2 All dietary requirements are to be included at time of registration. Each participant with *very specific* dietary requirements are to arrange for themselves a food hamper (for 5 days) that is to be delivered to the Camp Coordinator upon arrival at camp.

7.0 MEDICAL & ALLERGIES

7.1 All medical requirements or allergies are to be included at time of registration. Each participant with medical requirements or allergies are to arrange for themselves a medical kit (for 5 days) that is to be delivered to the Camp Supervisor upon arrival at camp.

7.2 Please note, trained First Aid providers will be available at camp.

8.0 TRANSPORT

8.1 Each participant is to arrange their own transport to and from Camp, including arrangements for all personal items, their boat and all its associated equipment and gear.

8.2 Transportation of boats on the Club's multi-boat trailer will be reserved for families providing specific assistance for the transport of the Club owned powerboats.

9.0 BOATS, EQUIPMENT & GEAR

- 9.1 Each participant shall be required to bring to camp their own regular training/racing boat, all of its associated equipment, including spare parts, in order to participate in the scheduled activities and training sessions.
- 9.2 Each participant shall be required to bring to camp their own regular sailing gear, which shall be appropriate for the expected sailing conditions on Lake Macquarie.
- 9.3 Participants who own their own tennis equipment, are additionally *invited* to bring this equipment to camp as well.

10.0 SCHEDULED & ADDITIONAL ACTIVITIES

- 10.1 Scheduled activities will be split into morning and afternoon sessions.
Morning sessions will be primarily reserved for mixed group and team challenge activities, which may or may not occur on the water;
Afternoon sessions will be primarily reserved for structured on water training sessions in each participants regular training squad, ie;
- Green Fleet session
 - Optimist Race Squad session
 - Laser Race Squad session
 - Pacer squad session
 - Teams Racing
- 10.2 As part of the Camp's additional activities, participants will be *invited* to partake in the following;
- Camp Disco
 - Tennis Tournament
 - Pool Party
 - Teams Racing Regatta
- 10.3 The Organising Authority may investigate further opportunities to provide additional activities, which may include, excursions offsite or the use of equipment supplied by a third party. Further details and confirmation will be provided prior to camp commencing.

11.0 REGISTRATION

- 11.1 Registrations will only be accepted via the online form and will close on **Sunday 10th December 2018**.
- 11.2 Registrations may exceed the maximum number of beds/accommodation available, divided into separate male and female cabin allocations. In the event of this occurring, the Organising Authority may need to make a final decision on the accepted registrations, should they be over subscribed.

12.0 FEE & INCLUSIONS

- 12.1 The fee for each participant will be \$880.00 with an Early Bird Fee of \$825 available through to November 16th. A Late entry fee of \$900 is applied for any entries after December 10th.
The Entry fee is inclusive of the following;
- Accommodation
 - All Meals
 - Coaching / Tuition
 - Provision for Club equipment (ie RIBS)
- 12.2 Camp fees will be forwarded to member house accounts before or on Monday 11th December 2017.

13.0 RISK WARNING

The Organising authority warns youth sailors, their parents or guardians and owners, skippers and anyone who participates in sailing events conducted by the Club that participation in the sport of

sailing, whether racing or otherwise, can be dangerous and can result in harm, personal injury and personal damage.

All participants, and parents/guardians of participants acknowledge that competing in sailing events may be dangerous and may result in harm and/or personal injury and participate in such events in that knowledge voluntarily accepting any risk. Having given this warning the Club is not responsible for any harm or injury suffered by any person in any sailing event conducted by it regardless of the nature of the event.

14.0 INDEMNITY/PARENTAL CONSENT

I acknowledge receiving the Club's Risk Warning and confirm I am aware of its contents. I hereby give permission for my son/daughter/ward named above to participate in the Club's Youth Sailing program including the Youth Sailing Camp. I release the Squadron its servants and agents from any claim my son/daughter/ward may have in respect of any harm or personal injury suffered during his or her involvement in any event conducted by the Club and indemnify the Club its servants and agents against any such claim. I also give permission for the Club to arrange medical treatment for my child should anybody involved in the conduct of a Club event consider it appropriate to do so. I agree, on behalf of my child that they will be bound by the current World Sailing Racing Rules of Sailing (RRS), by the Notice of Race and Sailing Instructions for the races concerned.

15.0 CONTACTS

RSYS Youth Sailing Committee

Camp Coordinator Rod Cassidy
Mobile 0423888083
Email rod.cassidy@me.com

RSYS Sailing Office

Sailing Administrator Locky Pryor
Phone 02 9017153
Email locky.pryor@rsys.com.au

Address 33 Peel Street, Kirribilli, NSW, 2061
Postal PO Box 484, Milsons Point, NSW, 1565
Web www.rsys.com.au

Camp Venue

Point Wolstoncroft Sport and Recreation Centre
Address Kanangra Drive, Gwandalan, NSW, 2259
Phone 02 4976 1666
Web <https://sportandrecreation.nsw.gov.au/facilities/pointwolstoncroft>

16.0 FURTHER INFORMATION

- 16.1 Further information for the camp venue is available from the NSW Government Office of Sport & Recreation;
- [Point Wolstoncroft Sport and Recreation Centre](#)
- 16.2 Further information is available from Australian Sailing Ltd. regarding the following;
- [Australian Sailing Special Regulations \(Part 2\)](#)
- [Australian Sailing Registration number](#)
- [Australian / New South Wales Youth Championships](#)
- [Understanding Insurance](#)

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APPENDIX 'A' – DAILY SCHEDULE (EXAMPLE)

A1.0 DAILY SCHEDULE EXAMPLE

TIME	ACTIVITY
07.00 - 07.30	Wake up / Breakfast
07.30 - 08.00	Cabin tidy up and clean up / Daily Preparation (sun cream, gear etc.)
08.00 - 09.30	Camp Team Challenge - Morning
09.30 - 12.30	Squad Activity (Green Fleet / Opti Squad / Laser Squad)
12.30 - 13.00	Lunch
13.00 - 14.00	Rest and Quiet Hour / Daily Preparation (sun cream, gear etc.)
14.00 - 14.30	Camp Team Challenge - Afternoon
14.30 - 17.30	Squad Training and Coaching (Green Fleet / Opti Squad / Laser Squad)
17.30 - 18.00	Free Time (Shower etc.)
1800 - 18.30	Dinner
19.00	Camp Meeting / Daily Awards
19.00 - 2000	Camp Team Challenge - Evening
20.00 - 21.00	Quiet Time
2130	Lights Out

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APPENDIX 'B' – CHECKLIST

B1.0 CHECKLIST – WHAT TO BRING

Essential Items	Shoes for walking around camp (compulsory)	
	Shoes for sailing (compulsory)	
	Sun cream / Hat / Personal Water bottle	
Boat Equipment	Rudder / Dagger board / Bailer / Sails / Spares etc	
Sailing Equipment	PFD / Wetsuit / Booties / Sailing Bag / Spray jacket etc	
Bedding	Mattress Protector / Sheets / Pillow Slip / Blanket / Sleeping Bag	
Toiletries	Tooth Brush / Tooth paste / Shampoo etc	
Towels	Beach Towel / Bath Towel	
Clothes	Plenty of clean clothes and underwear	
Warm Clothes	Jacket / Jumper / Track Pants / Beanie	
Other	Swim suit / Insect repellent / Tennis gear / Torch	
	\$10 pocket money / Notebook and paper / Pens / etc.	

B2.0 CHECKLIST – WHAT NOT TO BRING

Any Valuable Equipment	Ipods / I pads / Laptops / Cameras / Mobile Phone	
Junk Food	Chips / Lollies / Sweets – All Junk food will be confiscated	