



## Information for Tackers Sailors



Welcome to the Royal Geelong Yacht Club Tackers Program which is a nationally recognised junior sailing program.

All safety gear including Life Jackets, Helmet and sailing equipment will be provided.

### **What you need to bring for the Session:**

- ✓ Old sneakers or wetsuit boots/water shoes (required, these will get wet)
- ✓ Wetsuit, highly recommended OR Swimmers & rash shirt (layering to stay warm is best) Thermal underclothes are also ideal if available
- ✓ Windproof and waterproof jacket for windy conditions
- ✓ Sailing gloves if available (bike, golf gloves etc are good to).
- ✓ Hat that can be tighten so it will not come off while sailing. Important to make sure it doesn't have a hard button/cap on top so it can be worn comfortably under the safety helmet.
- ✓ Drink bottle
- ✓ Sunscreen (we have some too!)
- ✓ A Snack and/or lunch, especially if coming straight from school or doing a long session

### **Additional things to pack so children to have it with them:**

- ✓ Towel
- ✓ A dry change of clothes to change into at the end of the session
- ✓ Plastic or waterproof bag to put wet clothes and shoes in