



KEELBOAT SAILORS

Welcome to the Royal Geelong Yacht Club.

Our discover sailing programs are nationally recognised by Australian Sailing and facilitated by qualified instructors.

All safety gear including a life jacket and sailing equipment will be provided. RGYC programs also include a safety briefing and induction for participants in the first session.

What to bring for a session (Good idea to have your name on each item):

- Layers of clothing are highly recommended to keep warm and allow you to adjust clothing for various conditions. Comfortable clothing such as sports gear is suitable to wear, and thermals are advised for cooler weather. Collared shirts are advisable to protect you from the sun. Jeans, skirts and dresses are not advisable.
- Spray jacket or light windcheater will help protect you from sea spray and windy conditions.
- Footwear must have reasonable grip and non-marking soles to protect the boat from scuffs. Shoes are likely to get wet, so old sneakers are a good option. Thongs and crocs not permitted.
- Hat or visor that can be tighten so it will not blow off in the wind.
- Sunscreen (we have some too).
- Drink bottle.
- A snack and/or lunch, especially if doing a long session.

Additional recommended items to pack:

- Sunglasses (with grips or a strap to prevent them falling in the water)
- Towel for if you get wet from the sea spray.
- Dry change of clothes including shoes/thongs to change into after the session.
- Waterproof bag to put wet clothes and shoes in.
- Sailing gloves if available (bike and golf gloves are good too).

HAVE FUN!

