

Queensland Athletics – COVID SAFE Event Plan for T&F Training as at 04 July 2020



This plan is provided to assist clubs and venues in conducting Track & Field training. This plan complies with the current Queensland Government regulations as set out in the 3 Roadmap and Outdoor Sports Industry COVID SAFE Plan.

Clubs and venues should carefully consider this document and contact the Queensland Athletics CEO with any questions.

Core Responsibilities

- Good COVID safe hygiene is to be required of all participants and spectators
- No one should attend if they have any symptoms of COVID 19
- No one should attend if they have been in a designated COVID hot spot in the last 14 days
- No one should attend if they have been in contact with someone that has been in a designated COVID hot spot in the past 14 days
- A record, including contact information, needs to be kept on all persons that attend the event including spectators, parents and coaches
- The event should not have more than 500 persons
- The number of persons allowed under 500 is dictated by the ability to ensure social distancing for all attending while not on the field of play
- Social distancing is not required on the field of play or in the race
- Social distancing is required by all, including competitors while not competing or on the field of play.
- All participants should spend as little time at the venue as possible, participants should arrive just in time for warm up and leave as soon as the race finishes, results to be posted electronically after the event.
- Contact with officials and event volunteers should be avoided.
- Each Club or Venue should have a designated COVID SAFE Safety officer who is responsible for implementation of this plan.

Pre-Training Plan

- Check with the venue for any specific requirements
- The track should be divided into zones and these communicated to competitors, suggestions are: Track, Horizontal jumps, High Jump, Pole Vault, Long throw and Shot
- Competitors should stay in the zone appropriated to their event while training for that event
- There is no specific maximum number that can attend venue, numbers should ensure a minimum 4 square meters per athlete **of the usable space at the venue**, for example the infield should not be counted as usable space if there is any long throwing occurring. Social distancing should be practiced.
- Define separate entry and exit points to the field of play and inform all competitors
- Ensure there is a designated spectator / parent area, that is of sufficient size to ensure good social distancing of all spectators at all times.
- Spectators, Parents are not to have contact with athletes at any time, social distancing must be maintained at all times
- Coaches should practice social distancing at all times
- A record, including contact details must be **all those attending**, including spectators and parents, the recommendation is to preregister for the event, preferably via the Queensland Athletics Revsport system or other online solution.
- Hand sanitising stations should be provided at, entry, exit, start line, training sites, toilet facilities.

Training Day

- Arrive early and ensure the venue is set up as per the COVID SAFE Plan, the designated COVID SAFE Officer should check all arrangements and sign off before any participants are allowed to enter the venue
- Ensure signage specifying social distancing at all times other than with competition on the field of play
- If possible, make regular announcements asking for social distancing to be maintained.
- Coaches should have no physical contact with athletes unless absolutely necessary.
- Athletes should leave the venue as soon as possible after training posted
- High Jump and Pole-vault mats should be steamed clean or alternatively wiped down with a 70% Ethanol 30% water solution 30 min before training begins, athletes should use hand sanitiser after each jump
- All throwing implements should be wiped with disinfectant before use, athletes should retrieve their own implements and not share.
- If it looks like rain consider postponing the training
- The only tents or shelters are to be for the results area and this needs to be totally secured and accessible by the designated results official only.
- If possible, Officials meals should be individually packed and delivered to their location
- No indoor officials room
- All officials to be given individual hand sanitiser bottles
- Competitors should arrive with a bib previously supplied by Queensland Athletics; this will be provided by post. A bib collection station may still be required, this must be constructed in such a way as to ensure social distancing – example two tables deep or use of bunting to ensure a minimum 1.5 meters from those collecting and the officials. Athletes to form a single line with 1.5 m spacing designated by cones or other means.
- Ensure that social distancing and good hygiene is maintained at all times, toilet facilities kept clean and not crowded. Regular cleaning of toilet facilities may be required.
- Surfaces such as tables should be cleaned with disinfectant wipes on a regular basis