

1000m Race	1 lap of the 1km loop
2000m Race	1 Lap of the 2km loop
3000m Race	1 Lap of the 2km loop + 1 Lap of the 1km loop
4000m Race	2 Laps of the 2km loop
6000m Race	3 Laps of the 2km loop
8000m Race	4 Laps of the 2km loop

# 1km Loop



# 2km Loop

