

Queensland Athletics – COVID SAFE Event Plan for Cross Country Events as at 04 July 2020



This plan is provided to assist clubs in conducting Cross Country events that comply with the current Queensland Government regulations as set out in the Stage 3 Roadmap and Outdoor Sports Industry COVID SAFE Plan.

Clubs should carefully consider this document and contact the Queensland Athletics CEO with any questions. Clubs must contact Queensland Athletics with plans and proposed dates for any events they are looking to deliver. We will work with you to ensure a coordinated calendar of events.

Core Responsibilities

- Good COVID safe hygiene is to be required of all participants and spectators
- No one should attend if they have any symptoms of COVID 19
- No one should attend if they have been in a designated COVID hot spot in the last 14 days
- No one should attend if they have been in contact with someone that has been in a designated COVID hot spot in the past 14 days
- A record, including contact information, needs to be kept on all persons that attend the event including spectators, parents and coaches
- The event should not have more than 500 persons
- The number of persons allowed under 500 is dictated by the ability to ensure social distancing for all attending while not on the field of play
- Social distancing is not required on the field of play or in the race
- Social distancing is required by all, including race participants while not racing on course, social distancing is required by competitors not on the field of play
- All participants should spend as little time at the venue as possible, participants should arrive just in time for warm up and leave as soon as the race finishes, results to be posted electronically after the event
- Contact with officials and event volunteers should be avoided
- Each event should have a designated COVID SAFE Safety officer who is responsible for implementation of this plan

Pre Event Plan

- Check with the venue for any specific requirements
- Design the course to be as simple as possible to minimise the number of marshals required
- Ensure the location of and access to start and finish lines allows social distancing for those off the field of play. The start and finish lines should be separate
- Ensure there is a designated spectator area, that is of sufficient size to ensure good social distancing of all spectators at all times, avoid having a spectator area that is close to the finish line
- No tents or shade shelters are to be brought to the event by spectators
- All those attending, including spectators and parents and officials, must preregister for the event, preferably via the Queensland Athletics RevSport system.
- All competitors must be members of Queensland Athletics, this is required for insurance, so that we can provide a season bib* and to ensure all have agreed to share contact information. Base membership only costs \$12
- No entry on the day, * Queensland Athletics intends to provide members with a season bib, this will ensure no checking or bib pick up will be required at events
- Hand sanitising stations should be provided at, entry, exit, start line, results and official's area, toilet facilities.
- Design the timetable of events so as to minimise the number at the venue at any one time. The timetable should also ensure no interaction between race groups

Event day

- Arrive early and ensure the venue is set up as per the COVID SAFE Plan, the designated COVID SAFE Officer should check all arrangements and sign off before any participants are allowed to enter the venue
- Ensure signage specifying social distancing at all times other than with competition on the field of play
- If possible, make regular announcements asking for social distancing to be maintained
- Official should have no physical contact with competitors unless absolutely necessary. The start and finish areas should be conducted in a total noncontact way. Queensland Athletics can assist you with ways to achieve this if required.
- Athletes should leave the venue as soon as possible, results to be posted electronically after the events concludes
- There are to be no medal ceremonies
- Competitors should be told there no shaking of hands, high fives or other contact to be had post-race
- Medical Staff attending must have a COVID Safe Plan
- If it looks like rain consider postponing the event
- The only tents or shelters are to be for the results area and this needs to be totally secured and accessible by the designated results official only
- If possible, Officials meals should be individually packed and delivered to their location
- Competitors should arrive with a bib previously supplied by Queensland Athletics; this will be provided by post. A bib collection station may still be required, this must be constructed in such a way as to ensure social distancing – example two tables deep or use of bunting to ensure a minimum 1.5 meters from those collecting and the officials. Athletes to form a single line with 1.5 m spacing designated by cones or other means.
- All athletes pre entered online, no late entry and no checking required.
- All officials to be given individual hand sanitiser bottles
- Ensure that social distancing and good hygiene is maintained at all times, toilet facilities kept clean and not crowded. Regular cleaning of toilet facilities may be required.
- Surfaces such as tables should be cleaned with disinfectant wipes on a regular basis