

## **UWA HOCKEY CLUB – J3/4 COMPETITION – 2024**

UWA Hockey Club runs its own J3/4 competition at UWA playing fields at McGillivray oval, Mount Claremont on Saturday mornings. Teams are largely school or friendship-based and in 2023 we had 2 divisions so teams played at appropriate level to their hockey experience.

The J3/4 season commences on Saturday 27<sup>th</sup> April 2024 and continues to 10<sup>th</sup> August 2024, a 12-week season with breaks for the June long weekend and July School holidays.

The J3/4 Program comprises;

- o Is for boys and girls who are currently in Year 3 or 4 at school (irrespective of actual age).
- Offers boys and girls a transition from J1/2 hockey and is played on three-quarter sized fields.
- The emphasis is on developing hockey skills in a fun environment and early development of positional play to make an easier transition to full field hockey.
- Teams are arranged in line with school and friendship groups and generally mixed (i.e. girls and boys). Many teams will be school based teams.
- You can request to have your child play for a particular team or with other players by emailing the J3/4 Coordinator.
- Coloured team shirts will be provided by the club. Teams to wear school shorts and agreed sock colour.
- o Players must provide their own stick, mouthguard, shin pads & water bottle.
- Parents are required to take on the role of coach and team manager and umpire for each team.
- o A coffee van and food are provided each week.

## **Games:**

- Teams play on a "three quarter" field format and comprise up to 11 players, with 9 players on the field at one time.
- All games are played on Saturday mornings and game times vary between 9.00 and 10.00 am.
  The organizers arrange and distribute fixtures to the participating teams. The playing time will be fixed after week 3 after an in-formal grading period.
- There are two 20-minute halves with a 5-minute interval.
- o Rules are modified to ensure a simple and safe version of the game.
- o Coaches are on field to support and guide their team.

## Registration:

To play at UWAHC please register your child online at: http://uwahockey.org.au after 5<sup>th</sup> February 2024.

Regards Chris Nelson UWA Hockey Club Junior President



















